



## Instructions

An ethical leader is a person who acts with integrity (Center for Ethical Leadership). Ethical leadership is knowing your core values and having the courage to act on them on behalf of the common good. Our values tell us and others what is important to us. Values also help to drive our decision-making, actions and behaviors. This exercise will help you clarify your core values.

- 1) Put a CHECK MARK  next to 20 of the values that are most important to you. There are two blank lines for you to add any value that is not listed. (Note: not choosing values does not mean you are throwing values away. The narrowing process helps to identify CORE values.)
- 2) Now, add another  mark to the top ten values from your checked values. (Your choices will begin to reveal interesting truths about yourself.)
- 3) Finally, narrow your choices down to two by **Circling** your choices. (Consider, that these two choices may be a reflection of all of your values combined.)

## VALUES

Acceptance	Bliss	Courage
Accomplishment	Calm	Create
Achievement	Charity	Creativity
Acquisition	Coach	Danger
Adventure	Community	Dare
Alignment	Compassion	Delight
Altruism	Comprehending	Dependability
Amusement	Connection	Detection
Assistance	Consciousness	Dignity
Attractiveness	Consideration	Direct
Authenticity	Constancy	Discovery
Awareness	Contentment	Discrimination
Beauty	Contribution	Distinguish
Being	Cooperation	Diversity
Economic Security	Fame	Innovation
Education	Family	Inspiration
Effectiveness	Feeling good	Instruction
Elegance	Fitness	Integrity
Emotional Wellbeing	Freedom	Intelligence
Empathy	Friendship	Inventiveness
Encourage	Fun	Joy
Encouragement	Generosity	Justice
Energy	Grace	Kindness
Enlightenment	Guidance	Knowledge
Entertainment	Happiness	Laughter
Environment	Harmony	Leadership
Equality	Health	Learning
Ethics/Ethical	Honesty	Love
Excellence	Honor	Loyalty
Experience	Hope	Magnificence
Experiment	Humility	Mastery
Expertise	Imagination	Merriment

Turn over 

Explain	Improvement	Nobility
Exquisiteness	Independence	Nurturance
Facilitation	Influence	Observation
Fairness	Information	Order
Faith	Inner peace	Organization
Peace	Responsiveness	Originality
Peacefulness	Risk	Tranquility
Perception	Safety	Trust
Personal Development	Schooling	Truth
Play	Self-Awareness	Truthfulness
Pleasure	Self-Worth	Understanding
Positive Attitude	Sensations	Victory
Power	Sensuality	Vision
Preparation	Serenity	Wealth
Presence	Serenity	Wholeness
Proficiency	Service	Winning
Provider	Simplicity	Wisdom
Quest	Spirituality	( )
Radiance	Stability	( )
Recognition	Stimulation	
Relatedness	Strength	CORE VALUE 1:
Relationships	Strengthen	CORE VALUE 2:
Relaxation	Success	
Reliability	Superiority	
Religious/Religion	Support	
Resourcefulness	Teaching	
Respect	Tenderness	
Responsibility	Touch	